



Health & Safety Policy

Health and Safety Statement:

- Resilience Education is strongly committed to encouraging our employees/participants to take part in challenging activities, but the health, well-being and safety of each individual is always our paramount concern.
- **Simon Blyth is the designated competent employee to assist with health and safety responsibilities.**

To support our Health & Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the organisation's premises and all activities undertaken by the organisation.
- Create a safe environment by putting health & safety measures in place as identified by the assessment.
- Ensure that all employees are aware of, understand and follow the organisation's health & safety policy.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all employees.
- Provide access to adequate first aid facilities, telephone and a qualified first aider at all times.
- Report any injuries or accidents sustained during any organisation activity or whilst on the organisation's premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.



AS AN EMPLOYEE OR PARTICIPANT YOU HAVE A DUTY TO:

- Take reasonable care for your own health & safety and that of others who may be affected by what you do or not do.
- Co-operate with the organisation on health & safety issues.
- Correctly use all equipment provided by the organisation.
- Not interfere with or misuse anything provided for your health, safety or welfare.